

# FITNESS & WELLNESS SERVICES AND PRICES

## PHYSICAL FITNESS ASSESSMENT

## EXERCISE PROGRAM DESIGN

STUDENTS MEMBERS NON-MEMBERS

STUDENTS MEMBERS NON-MEMBERS

FIRST ONE FREE!  
\$15 AFTER THAT

**\$15 \$45**

**\$12 \$18 \$28**

## PERSONAL TRAINING

(PRIVATE)  
SESSIONS:

#	STUDENTS	MEMBERS
1	\$30	\$40
5	\$135	\$185
10	\$250	\$350

(GROUP)  
SESSIONS:

#	STUDENTS	MEMBERS
1	\$25	\$30
5	\$115	\$150
10	\$220	\$270

## METABOLIC RATE SCREENING

## BODY COMPOSITION

STUDENTS MEMBERS NON-MEMBERS

STUDENTS MEMBERS NON-MEMBERS

**\$20 \$25 \$35**

**\$5 \$7 \$10**



Fitness Equipment Orientations are free services to students and members and are available upon request. Visit [uakron.edu/rec](http://uakron.edu/rec) for more information